

# CLEO

New-look  
**CLEO**  
That's hot!

ninemsn.com.au/cleo

# Sexy!

**HEALTHY! NOT HUNGRY!**  
« Remake-your-shape plan » p140

Peel-me-off-the-ceiling  
PLEASURE  
guaranteed!

## 101 RUDE MOVES FOR NICE GIRLS

Bored?  
Tired?  
Over it?

# CLEO's instant life makeover issue

♥ **THE NEW DATING TRICK**  
that doubles your man-meeting potential >> p54

★ **BONUS** ★  
LIGHT REJUVENATION **FACIAL**  
**WORTH \$90\***  
\*CONDITIONS APPLY. SEE PAGE 150 FOR DETAILS.

*Eva Longoria*  
» Spills the secrets to her s%#t-hot body

*Hubba! Hubba!*  
**centrefold**

The CLEO Bachelor we've been **BEGGING** to strip **FINALLY DOES!**

**FUTURE-PROOF YOUR LOVE**  
The 5 secrets of **insanely happy couples**

Can't-put-down  
**BEACH READS**

- "I lost 30 kilos for *Idol*"
- "Women pay me \$280 for sex"
- "A cheap holiday boob job ruined my life"
- "I was deliberately infected with HIV"
- "The night I won Miss Nude Australia"

**DREAM JOB LAUNCH PAD**  
Kick-start your killer career today

**IRRESISTIBLE HAIR**  
Find your **SEXY** NEW SELF on p136

5-minute food switch  
**26** **CELEB SHORTCUTS TO AN A-LIST BODY**

# WIN A DATE WITH A CLEO BACHELOR!!!



# BEAUTY REPORTER >> Hottest • Newest • Latest



Bronzed skin makes teeth look whiter.

Hair having a summer frizz breakout? Rub your excess body lotion through the ends to tame it fast.

## << YOUR NEW SKIN

Is all bronzed and matte (yep, no shine), and pretty as a frangipani on a summer's day. Think totally effortless desert goddess. Start with an anti-shine moisturiser and base, then sweep on a hint of blush and sparkle-free bronzer. Tip: Stick to tonal bronze colours only.



1. L'Oréal Paris Pure Zone Anti-Regreasing Moisturiser, \$12.95. 2. Chi Chi Mosaic Bronzer, \$16.95. 3. Bobbi Brown Cheek Blush, \$54. 4. Maybelline Dream Matte Mousse foundation in Caramel, \$18.95. 5. Napoleon Perdis Voila! Oil Control blotting paper, \$15.



## white IS THE NEW BLACK

Black may be the best colour choice for your skinny-leg jeans, but when it comes to appliances, black can look dull and heavy in the bathroom. That's why we're loving the new-look Remington Smooth Styles Ionic Pro Pack, \$53.95. This fast-drying, smoothing hair dryer comes in silver, white and clear – a simple way to funkify your bathroom.

## EAT yourself YOUNG.

Finally! A beauty book that'll actually change your life! Erica Agyal, author of *Gorgeous Skin In 30 Days* (Lothian Books, \$29.95), wants you to "eat yourself gorgeous" and backs it up with goof-proof recipes, eating plans and hot beauty tips. Wrinkle-fighting berries? Coconut for weight loss? Pass the berry coconut smoothies! (The recipe's on page 256 of the book!).



Winged eyeliner is so hot right now. Draw line with a pencil liner first, then trace with liquid. Voila! Perfect.

## << MUST-KNOW-NOW MASCARA TIP

Coating bottom lashes with mascara can create a panda-like shadow under the eye. To prevent this, apply mascara at the very root of the bottom lashline *only*. It defines the eye, looks sexy but won't create a shadow.